

BASIC Socks

Techniques Used

- Knit and Purl
- Working small circumference in the round with DPNs, 9" circular, magic loop, or two circular needles
- Picking up stitches
- Grafting/Kitchener Stitch

Materials

Yarn

Sock Yarn (75% superwash wool, 25% nylon; 420yds/384m per 100g/4oz skein); 1 skein

Needles

2.25mm/US #1 size needles (or size needed to obtain gauge) in whatever style you prefer for working small circumferences in the round

Notions

- Yarn needle
- Stitch markers

Gauge

30 sts/48 rounds = 10cm/4" in stockinette stitch using 2.25mm/US #1 needles

Sizes

Sizes refer to the circumference of the ball of the foot. The socks themselves are sized slightly smaller than these measurements as that generally gives a better and more comfortable fit.

S: 20.5cm/8"

M: 23cm/9"

L: 25.5cm/10"

Instructions

CUFF

Cast on 56 (64, 72) sts loosely. Divide sts evenly and join in rnd, being careful not to twist. Place a marker to mark the beginning of round if desired.

Work 20 rnds in k1, p1 ribbing.

Next Round: Knit to end of round

LEG

Work the leg in stockinette stitch until desired length – usually about 6 inches (or the length of a DPN).

Construction Note: Do you want to add a textured pattern to your sock? This is where you would start. Make sure your pattern repeat is evenly spaced on the sock with no leftover stitches.

Heel Flap

Heel Flap Setup

Construction Note: In this section, the leg will be divided to shape the heel. Half the stitches will be worked to make the heel flap and half will be held aside for the instep (the top of your foot).

Turn and Sl1, p27 (31, 35). 28 (32, 36) sts

Turn

Heel Flap

Row 1: (Sl1, k1) until end. Turn

Row 2: Sl1, p to end

Repeat Rows 1 and 2 12 (14, 16) more times.

Work Row 1 one more time

28 (32, 36) rows in heel flap

Heel Turn

Follow the directions for the size you are making:

Small	Medium	Large
Row 1: p17, p2tog, p1, turn	Row 1: p19, p2tog, p1, turn	Row 1: p21, p2tog, p1, turn
Row 2: Sl1, k7, ssk, k1, turn	Row 2: Sl1, k7, ssk, k1, turn	Row 2: Sl1, k7, ssk, k1, turn
Row 3: Sl1, p8, p2tog, p1, turn	Row 3: Sl1, p8, p2tog, p1, turn	Row 3: Sl1, p8, p2tog, p1, turn
Row 4: Sl1, k9, ssk, k1, turn	Row 4: Sl1, k9, ssk, k1, turn	Row 4: Sl1, k9, ssk, k1, turn
Row 5: Sl1, p10, p2tog, p1, turn	Row 5: Sl1, p10, p2tog, p1, turn	Row 5: Sl1, p10, p2tog, p1, turn
Row 6: Sl1, k11, ssk, k1, turn	Row 6: Sl1, k11, ssk, k1, turn	Row 6: Sl1, k11, ssk, k1, turn
Row 7: Sl1, p12, p2tog, p1, turn	Row 7: Sl1, p12, p2tog, p1, turn	Row 7: Sl1, p12, p2tog, p1, turn
Row 8: Sl1, k13, ssk, k1, turn	Row 8: Sl1, k13, ssk, k1, turn	Row 8: Sl1, k13, ssk, k1, turn
Row 9: Sl1, p14, p2tog, p1, turn	Row 9: Sl1, p14, p2tog, p1, turn	Row 9: Sl1, p14, p2tog, p1, turn
Row 10: Sl1, k13, ssk, k1	Row 10: Sl1, k15, ssk, k1, turn	Row 10: Sl1, k15, ssk, k1, turn
	Row 11: Sl1, p16, p2tog, p1, turn	Row 11: Sl1, p16, p2tog, p1, turn
	Row 12: Sl1, k17, ssk, k1	Row 12: Sl1, k17, ssk, k1, turn
		Row 13: Sl1, p18, p2tog, p1, turn
		Row 14: Sl1, k19, ssk, k1

18 (20, 22) sts

Gusset

SETUP GUSSET

Construction Note: The following instructions refer to placing a marker on each side of the sock, between the sole and instep stitches to help you better see where the gusset decrease is happening. You may choose to ignore references to the markers and simply arrange the stitches on your needle(s) so that this division is clear to you.

Using the needle with the heel stitches, pick up and knit 15 (17, 19) stitches along the edge of the heel flap. Pm if desired.

Work 28 (32, 36) instep stitches. Pm if desired.

Pick up and knit 15 (17, 19) stitches along the second edge of the heel flap. Knit the first 9 (10, 11) stitches on heel flap remaining from when heel was turned and place a marker for the beginning of the round

Stitch count is now:

Instep: 28 (32, 36)

Sole: 48 (54, 60) sts

DECREASE GUSSET

Round 1: K until 3 sts before marker. K2tog, K1. Slip marker and work instep stitches in pattern as established until next marker. Slip marker and k1, ssk, k to end of round

Round 2: K to marker, slip marker and work as established in pattern until next marker, slip marker and k to end of round.

Repeat Rounds 1 and 2 until there are 56 (64, 72) sts remaining.

Foot

Continue in pattern until foot is approximately 4 (5, 6.5) cm/1.5" (2", 2.5") shorter than desired foot length.

Toe

Toe Decrease

Construction Note: The following instructions refer to markers on each side of the sock, between the sole and instep stitches to help you better see where the toe decrease is happening. You may choose to ignore references to the markers and simply arrange the stitches on your needle(s) so that this division is clear to you.

Round 1: K to 3 sts before first marker, k2tog, k1. Slip marker. k1, ssk, k to 3 sts before second marker, k2tog, k1. Slip marker, k1, ssk. K to end of round.

Round 2: Knit all stitches.

Repeat Round 1 and 2 until 20 sts remain – 10 instep and 10 sole.

Graft 2 sets of 10 stitches.

Finishing

Weave in all ends and block.

Abbreviations

k	Knit
k2tog	Knit two stitches together (1 stitch decreased)
p	Purl
pfb	Purl into the front and back of st (1 stitch increased)
p2tog	Purl 2 stitches together (1 stitch decreased)
pm	Place marker
rnd(s)	Round(s)
ssk	Slip, slip, knit. Slip the next 2 sts, one by one, knitwise; insert the tip of the left needle, from left to right, into the fronts of those 2 sts and knit them together. (1 stitch decreased)
st(s)	Stitch(es)
